



## Echinacea



### WHAT IS IT?

Echinacea is a perennial herb native to North America but also cultivated in Britain. The flowers are a rich purple colour with a faint aromatic scent and sweetish taste. The active substance is typically derived from root.

### KEY BENEFITS

Echinacea is a traditional herbal remedy that can help combat the common cold, stimulate the immune system and help in wound healing.

### EACH TABLET PROVIDES

	Typical Weight
Active Ingredient:	
Echinacea	500mg

### DIRECTIONS FOR USE

16 Years and above – Take one tablet daily with food for 2-4 weeks.

### INGREDIENTS

Active Ingredient: Echinacea. Other Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Tablet Coating (Hydroxypropyl Methyl Cellulose, Glycerol), Stearic Acid, Magnesium Stearate, Silica Colloidal.

### WARNINGS

Consult your doctor or pharmacist if you are pregnant, likely to become pregnant or taking any medication.

### CAUTION

Do not exceed the stated dose.  
 Food supplements should not be used as a substitute for a varied diet and healthy lifestyle.  
 Check that the inner seal is intact before first use.  
 Keep out of sight and reach of children.  
 Store in a cool dry place.

If you are unable to find our products in a store near you contact us on 01756 792 600, or order online at [Omega4](#)

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