



Apple Cider Vinegar



WHAT IS IT?

Apple Cider Vinegar has the presence of a natural array of acids and minerals that help to maintain the body's own acid balance and mineral metabolism. Apple cider can help curb appetite, boost the immune system and much more. Apple Cider Vinegar contains a balance of minerals, including potassium, sodium, phosphorus, magnesium, calcium, iron, fluorine and silicon.

KEY BENEFITS

Apple Cider Vinegar speeds up the body's metabolic rate especially when taken regularly before meals and if used in conjunction with a sensible diet and exercise program it can be a powerful aid in keeping your weight under control. It also helps curb appetite, is a gentle detoxification agent, absorbs and blocks fat formation, boosts the immune system and supplies amino acids, minerals and vitamins.

EACH TABLET PROVIDES

	Typical Weight
Apple Cider Vinegar with Acerola	220mg

DIRECTIONS FOR USE

12 Years and above - Take one tablet daily with food, upto 3 tablets per day may be taken.

INGREDIENTS

Apple Cider Vinegar Powder (contains Maltodextrin, Silicon Dioxide, Wheat Powder), Dicalcium Phosphate, Microcrystalline Cellulose, Acerola Powder, Tablet coating (Hydroxypropyl Methyl Cellulose, colours: Sodium Copper Chlorophyllin, Titanium Dioxide, Glycerol) Magnesium Stearate, Silicon Dioxide.

WARNINGS

Contains Wheat

CAUTION

Do not exceed stated dose.

Food supplements should not be used as a substitute for a varied diet and healthy lifestyle.

Check that the inner seal is intact before first use.

Keep out of sight and reach of children.

Store in a cool dry place.

**Recommended Daily Allowance*

If you are unable to find our products in a store near you contact us on 01756 792 600, or order online at [Omega4](#)